

Lacrosse Unites Bespoke Kenya Safari

June 2015



Itinerary in Brief...

Day 1	Depart the USA
Day 2	Arrival Jomo Kenyatta International Airport in Nairobi
Day 3	Nairobi
Day 4	Nairobi
Day 5	Nairobi
Day 6	Nairobi
Day 7	Nairobi
Day 8	Fly to Maasai Mara Game Reserve
Day 9	Maasai Mara Game Reserve
Day 10	Depart Nairobi
Day 11	Return to the USA
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Depart USA {Day 1}

Arrive Nairobi, Kenya {Day 2}

Touch down Africa. Nairobi International Airport. The journey begins!

You are met by a Micato representative immediately as you deplane and are personally escorted through baggage claim and customs procedures. Our Safari Directors are on hand to seamlessly whisk you to your awaiting room, where you may catch up on rest and recalibrate for the adventures ahead.

Bespoke Kenya for Lacrosse Unites



The New Nairobi

New indeed! Our first surprise in Africa is Nairobi. With its new and marvelously developed middle class (and beyond), the city flourishes with a veritable café society. In the last few years Nairobi has seen the creation of stylish stores, trendy shopping centres, lively coffee houses, organic green grocers, sophisticated restaurants and indulgent boutique hotels.

A decade ago, cars and petrol were beyond the reach of the average Kenyan. Today, Land Rovers and Mercedes crowd the highways. Not long ago, *The New York Times* bureau chief published an article stating that Nairobi "is emerging as a destination in itself."

Fun and Fabulous Accommodations...

The Boma Hotels story began in 2008 when, looking for a new and sustainable source of income, the Kenya Red Cross Society opened the Red Court Hotel, a three-star property in Nairobi offering accommodation and conference facilities, with profits going to fund Kenya Red Cross's humanitarian work. Now rebranded Boma Inn Nairobi, the hotel is a success, having become popular with professionals involved in the humanitarian relief sector and by extension the corporate traveler who knows that they will enjoy our "hospitality with a conscience". Boma Inn Nairobi is a 59 room boutique hotel with all the comfort of home.



Nairobi ~ Micato-AmericaShare {Day 3}

From her home in Nairobi National Park, Dame Dr. Daphne Sheldrick operates Kenya's foremost animal orphanage and conservation foundation, The David Sheldrick Wildlife Trust, established in memory of her husband, a leading conservationist and founding warden of Tsavo National Park. For more than four decades Dame Daphne has been a recognised authority on successfully raising, and re-integrating into the wild, infant elephant and rhinoceros orphans. Visit this morning as her current charges are given their daily walk and receive their morning feeding.

Dame Daphne has promoted wildlife conservation worldwide and an excellent way to get excited about the experience is to catch the recently released film "Born to be Wild 3D," which features Dr. Sheldrick and her wonderful elephants.

Helping those who help themselves...

This afternoon you will have your first introduction to AmericaShare, a non-profit that for nearly three decades has been helping to improve the lives of families in Nairobi's Mukuru Slum. Much of Micato-AmericaShare's work – which includes providing educations for thousands of children – has been made possible in part by the support of our generous travellers.

Today you'll visit our Harambee Community Centre, our multi-purpose headquarters in Mukuru, where you'll see our library, computer learning resource centre, basketball court, fresh-water borehole, and other transformative resources for the children in our programmes as well as many others in the community. This is a unique chance to witness everyday life in Africa, and see firsthand how a community is improving itself against daunting odds. This may very well be the most important time you spend in Africa. Or for that matter anywhere else.



Lacrosse Unites... $\{Days 4-7\}$

In June 2014, IMG student, Ian Macleod, introduced Lacrosse to teenagers in Nairobi's Mukuru slum. Since then Mukuru's students have been captivated by this foreign sport...and eager to learn more. With Lacrosse now being taught to children in three different Nairobi schools, and a waiting list of 150, you will be part of the team which expands Lacrosse in Kenya!

During the next four days you will be responsible for running the new Lacrosse programme – helping teach the children of Mukuru understand this new game as you encourage the camaraderie that it inspires. Lacrosse training with the AmericaShare sponsored students and resident children of Mukuru will not only be a great learning experience for your new students, but a most rewarding growth opportunity for you, it's newest instructors...

Seeing the bright smiles and indomitable spirit of these kids is inspiring—in fact, many of our guests mark the AmericaShare visit, and the time spent at the Haramabee Centre, as the highlight of their time in Africa.



Maasai Mara {Days 8 & 9}

After five days we fly to Maasai Mara: This is the Africa rolling grasslands, dense thickets of scrub and groves of acacia woodland where predators might hide. It is true big game country where huge prides of lions, including the majestic black-maned male, are not uncommon. Other residents include elephant, giraffe, buffalo, cheetah, leopard, gazelle and the rare black rhino. With its uncommon landscape and diversity of wildlife, the Mara will transfix you.

Your Safari Camp...

The Fairmont Mara Safari Club is a jewel, brilliantly renovated and magically surrounded on three sides by the Mara River. The main lodge is a stunning example of Africa "nouveau" décor—a fascinating fusion of modern art, traditionally carved tribal furniture and exquisitely hand-beaded accessories, imaginatively combined with local fabrics along with plush leather sofas and chairs set amidst soaring rustic architecture. A large exterior deck follows the curve of the river, creating enchanting seating areas with superb river views. Another spacious deck overhangs the river and leads to a heated pool, complete with a bar and private massage tents. Lunch is served in this delightful al fresco setting. Bedroom tents are set high atop the banks of the river, with thrilling views of hippos bobbing and snorting in the water below. Each tent is outfitted with four-poster pillow-top beds, fine linens, fabulous fabrics, electricity, a hairdryer and private verandah.



Adventuring into the Bush

Here, we move to the rhythm of the bush. It is your whim that decides what you do each day. You may choose to seek game on drives each day, or decide to set out for a brisk birding session on the river, while the guide provides a primer on a variety of subjects: botany and ornithology, geology and wildlife tracking and amphibian identification.

There are many activities that tap into the serenity of this place: sitting quietly by the river, listening to the birds singing nearby; reading one of many available all-ages books on-hand; sharing stories of the day around the campfire and under a canopy of stars; and of course, a hot-air balloon safari...

The first full morning in the bush, we have the option of a balloon safari over the Maasai Mara. Quietly, slowly, the basket floats up from the ground. Our mesmerized eyes train downward at the stunning panorama unfolding below: the grazing herds, skittish gazelles, dancing shadows, elephants and giraffes casting curious glances overhead. Touch down for a breakfast on the savannah and then blissfully realise that your day has only just begun!

Sundowners cap off any day, whether it has been tranquil or invigorating, and are followed by gourmet dinner.



Farewell to Africa... {Day 10}

This morning, you will board your flight back to Nairobi. Tonight you will be transferred to the airport for your international departure flight.

As you wing away you're already reminiscing about your journey through jungle and savannah, and your close encounters with many incredible animals. As you recall your splendid sojourn—wilderness and wildlife, villages and cities—your fondest safari memory may very well be the warmth and kindness of the African people. Bid farewell to Kenya knowing that this has been a journey you will remember for the rest of your life.

"The charm of Africa is a painful one: it gives you pleasure when you are out there, but when you are back here it gives you pain by calling you... Come back, come back, this is your home."—Mary Kingsley

Arrive Home... {Day 11}

The following services and amenities are included in your safari programme:

Accommodations according to the itinerary in the Boma Inn and the splendid Fairmont Mara Safari Club.

All sightseeing excursions and game drives in the city and in the bush.

Every meal, from touchdown in Africa until departure, with mineral water and soft drinks included.

Every gratuity included, including the trip-end gratuities to guides, drivers, and safari directors, as well as daily tips to waiters, porters, concierges at hotels, airports and meals.

Complete Safari Documents including a detailed Safari Planning Information kit, flashlights, travel wallets, and various and sundry other safari goodies....

A roomy Micato Safaris wheeled duffle bag, for your safari packing convenience.

Two bush flights within Africa:

Nairobi, Kenya to the Maasai Mara Game Reserve Maasai Mara Game Reserve to Nairobi

Safari vehicles equipped with:

Binoculars, one for each guest Ice chests of complimentary beverages Safari library of wildlife and field guidebooks

Airport arrival and departure transfers, including Micato staff for assistance and baggage handling.

Private concierge service available in person or phone 24 hours a day.

A safari briefing upon arrival and wildlife briefings throughout the safari.

Services of the Flying Doctors' Society on safari, an emergency airborne medical unit.

All permits, entrance fees to parks, government taxes, VAT and service charges relating to accommodations and included meals.

Complete porterage throughout the safari.

Terms and Conditions provided upon request.