



Common Field Markings for Men's and Women's Lacrosse

For many years, at least at the international competition level, men's and women's lacrosse has been played with different field dimensions and field markings. With many new countries introducing the sport of lacrosse, the FIL Board believes it is necessary to establish a set of common perimeter and bench markings, in the hope of making as many of the field dimensions similar so they are more easily understood, remembered and implemented by lacrosse enthusiasts across the globe.

There are numerous benefits in having a common lacrosse field for both men's and women's field lacrosse. These include:

- Increased chance of having permanent lines included in synthetic surfaces if only one set of markings are required
- Reduced time required to mark both a men's and women's field
- Less confusion regarding what line is used for what game
- Alignment with other field sports where field markings are the same
- Fields can be more easily shared by both men' and women's teams
- Goals can be permanent on grass fields and not have to move for each game
- Increasing appeal to International Olympic Committee for inclusion of lacrosse in future Olympics
**, one field for both games

** The timing of the men's and women's events at an Olympics would likely be concurrent. However, it is not possible to have 2 sets of lines on an Olympic field of play and therefore would, most likely, significantly lessen the FIL chances of having lacrosse added as a new team sport.

The proposed field dimension changes will be voted on at the 2012 FIL General Assembly, BUT will not go into effect until 2015 for international events. At a domestic level, changes may be introduced as soon as practical.

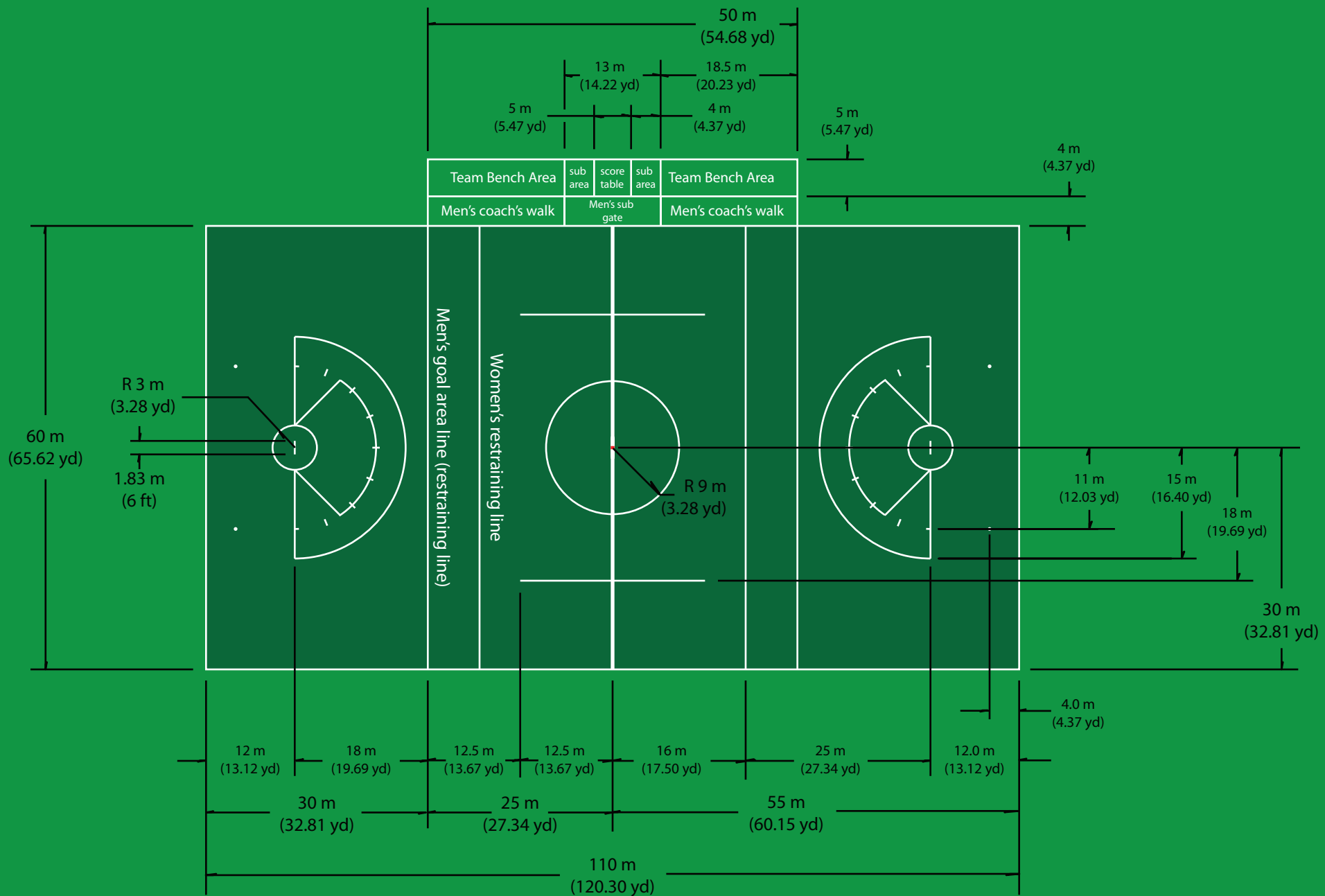
A summary of these changes is as follows, with more detail provided in the attached powerpoint slides.

Men

- Size of field increased from 110 yard X 60 yard to 110 m X 60 m (120.30 yard X 65.62 yard)
- Goal crease radius increased from 3 yard to 3 m (3.28 yard)
- Space behind the goal reduced from 15 yard to 12 m (13.12 yard)
- Substitution area or gate increased from 10 yard to 13 m (14.22 yard)
- Centre face-off X to wing line and goal line to men's restraining line remain essentially the same but the measurement has been adjusted to metric.
- Additional field length is added to the centre of the field between the 2 restraining lines and the additional width is added between the wing lines and the sidelines.

Women

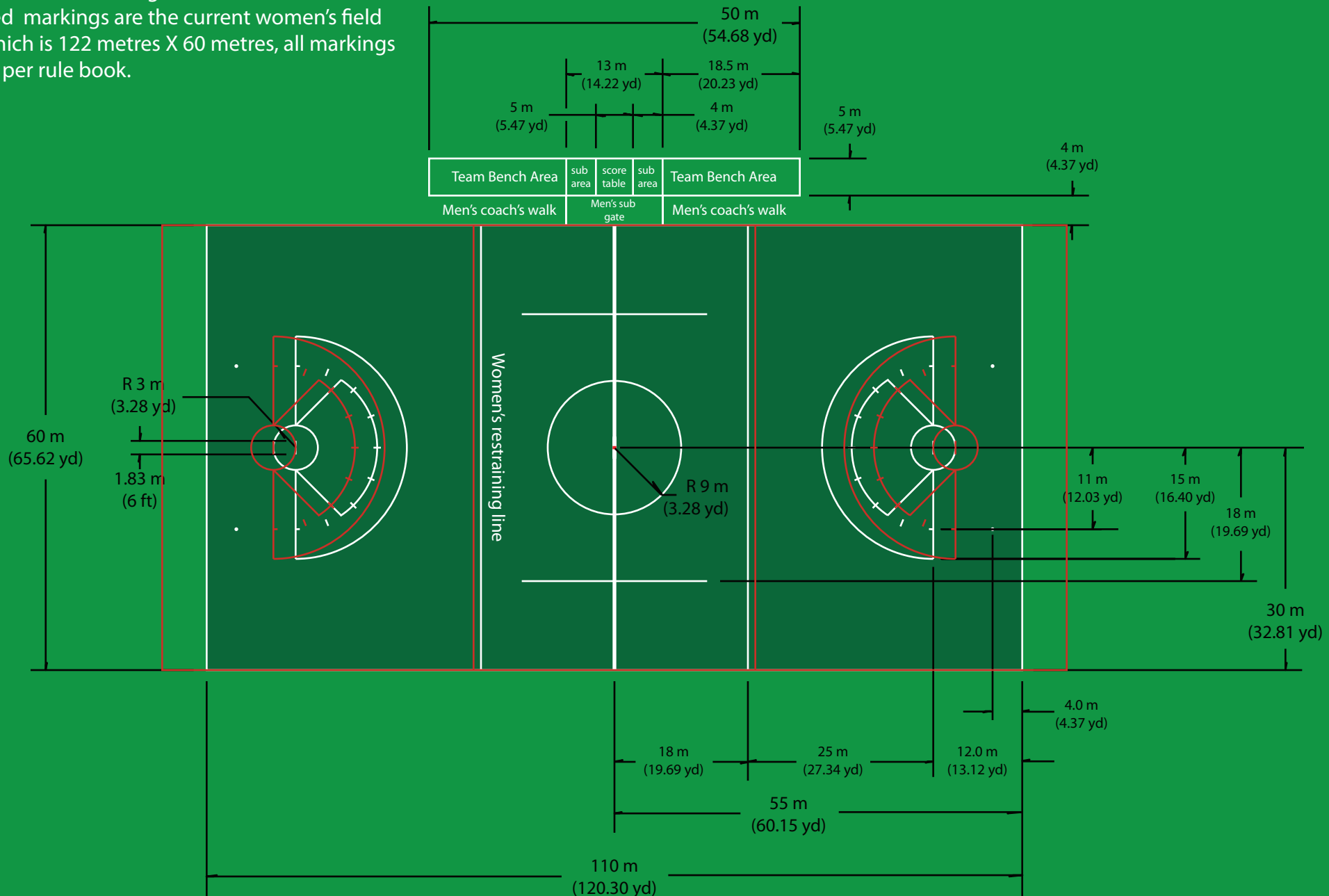
- Size of field reduced from 120m x 60m to 110m x 60m
- Restraining line reduced from 27m to 25m
- Space behind goal reduced from 15m to 12m
- Team bench area reduced from 28m to 18.5m



Mostly men's field dimensions

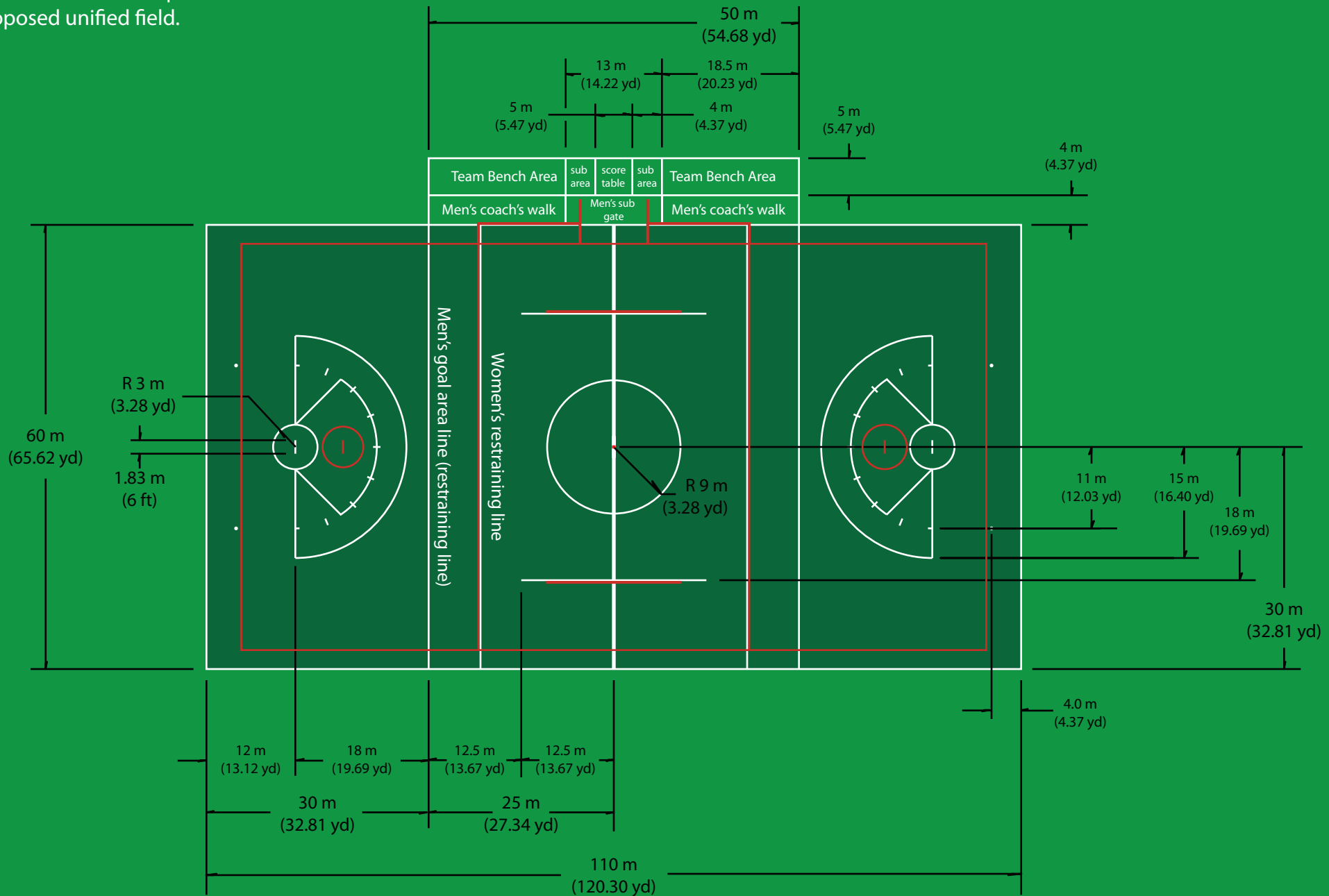
Mostly women's field dimensions

Unified field with women's markings in white with the restraining line at 25 metres.
 Red markings are the current women's field which is 122 metres X 60 metres, all markings as per rule book.



Mostly women's field dimensions

The RED lines are the current men's field and field markings, which is shown on top of the proposed unified field.



Mostly men's field dimensions