

Men's Field Lacrosse Rule Change Proposal for 2018 General Assembly

Rule Change Proposal #		2018 M Field - 15	Descriptor
Edit	Rule 29.1		Time of Match

Present Rule:

The match shall be divided into 4 periods of 20 minutes duration each.

Proposed Change:

The game shall be divided into 4 periods of 15 minutes duration each

Justification:

Player's safety – in events such as world competitions and other tournament formatted events player safety is a concern due to multiple games in successive days. Players are forced to play multiple days in a row. The shorten game length will allow for proper rest and recovery.